



NORTHBROOK CHAMBER of commerce & industry

BUSINESS NEWS & VIEWS

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BRINGING PEOPLE & BUSINESS TOGETHER

JANUARY 2018

Park District Plans for Activity Center, Improvements to Sportsman's

Ending years of speculation, the Northbrook Park District Board of Directors recently announced its decision to move forward on a four year Capital Improvement Plan (CIP) that will include the construction of a new Activity Center on a six acre parcel at Techny Prairie Park & Field site.

The CIP, titled "New Places to Play," is an outgrowth of the Comprehensive Master Plan (CMP) approved by the Park Board in spring 2017, outlining key operational and capital initiatives determined by input from Northbrook residents. In addition to the Activity Center, the CIP includes a specific plan for Meadowhill Park that will expand programming at the Velodrome, and demolish the decades-old outdoor education building (adjacent to the Teams Challenge Course). The CIP also includes major improvements to Golf Operations.

The four key goals of the CIP are: adding indoor program space, updating existing facilities, establishing new parks and open space, and creating a community wide trail/bike network. Implementation kicks off this month with the initiation of the bidding process for architects and consultants for both the golf improvements and the Activity

Park District Cont. to pg. 3

Capital Projects, Redevelopment Highlighted at Annual Forum

State of the Village Address

Monday, January 29, 11:45 a.m.

Renaissance Chicago North Shore Hotel

Complimentary for members*

At this year's annual State of the Village Address, President Sandy Frum will highlight Northbrook's strong local economy and finances which provide a solid foundation for businesses. She will also discuss the Village's efforts to constantly monitor fluctuations in the economic climate, and its flexibility to change and adapt accordingly.

President Frum's presentation will include a review of the major public and private projects that occurred in 2017, and highlight potential opportunities and challenges the Village anticipates in 2018 and beyond. The interactive presentation will also include a discussion of local redevelopment, the Village's legislative priorities and anticipated capital improvement projects.

President Frum was first elected as Village President in April 2009, re-elected to her second term in 2013, and re-elected to a third term in 2017. A resident of Northbrook



for 40 years, she previously served as a Village Trustee for 24 years where she chaired the Village's Finance Committee for many of those years. In 2014/15 she served as President of the Northwest Municipal Conference.

There will be ample opportunities for questions and answers during the informative lunch.

**As part of its ongoing advocacy efforts, the Chamber offers one complimentary admission for each member business with advance registration. Additional registrations are \$30. Guests or members at the door are \$35. To make a reservation, call the Chamber at*

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Small Businesses to Benefit from Lower LLC Filing Fees

Small businesses will soon see a dramatic decrease in the filing fees for incorporation thanks to legislation recently approved by the Illinois legislature, pending signature by Gov. Rauner. The state's Small Business Advocacy Council was instrumental in educating the legislators about the hardship the fees cause the state's small businesses, and helping to craft a solution.

The fees associated with filing and operating a limited liability company, or LLC, in Illinois have traditionally been among the

highest in the nation. Forming as an LLC is advantageous for many small businesses as it provides the limited liability features of a corporation and the tax efficiencies and operational flexibility of a partnership. Many business, however, do not form LLCs in Illinois because of the excessive fees.

Currently the initial filing fee and annual fees in Illinois are \$500 and \$250 respectively. These are more than triple the cost for starting a corporation and are the second highest in the country.

Lower LLC Fees Cont. to pg. 6

Board Chair Summarizes 2017 Northbrook Chamber Successes



By Glenn Weintraub, AA Service, Board Chair

It's been my pleasure and privilege to serve as the Board Chair for the Northbrook Chamber this past year. While we have a lot to celebrate -- a record number of over 740 members,

increased participation in our programs, continued outstanding community partnerships -- these statistics don't tell the full story. With Chamber active on so many levels, I'd like to take advantage of this opportunity to highlight how we make a real difference in Northbrook.

In addition to serving the needs of our members last year, the Chamber continued its mission to further the collective interests of the business community and do its part to help create a healthy business climate. As part of this effort, we worked hard to communicate the challenges faced by local businesses, some of which are evident, and some which are not so obvious.

As a resident, taxpayer and business owner, I am fully aware of the importance of having a vibrant business community. Businesses generate tax dollars that directly benefit every single one of us. Our streets, our schools, our parks, our public services -- all the things that make Northbrook so desirable -- are made possible by tax dollars generated by businesses. These contributions benefit residents by keeping taxes low, while keeping our community strong and vibrant. A strong economic climate continues the cycle by attracting new businesses, who in turn bring in jobs and generate additional tax dollars.

To foster positive economic development activity, the Chamber worked in partnership to promote the community through its publications and targeted marketing campaigns. Just last month, our Shop Local campaign included publishing a holiday Shopping and Dining Guide, distributed through the Northbrook Tower and Glenview Lantern. Partnering with the Village of Northbrook, our 30-second TV commercial, showcasing Northbrook's wide range of shopping and dining opportunities, reached an audience of 338,000 across the North Shore. Our Northbrook Shopping Elf Facebook page, with numerous postings about Northbrook

retailers, now has a regular following of nearly 2,000 individuals.

All of us benefit from our helpful publications such as our Community Resource Guide with a circulation of 17,000, delivered to every household and business in Northbrook, as well as our educational programs. We reach thousands of visitors who learn more about Northbrook through our website and our social media. Our newsletter keeps our members and the community apprised of the latest issues of concern to the business community.

In addition to these tools that promote economic development, we also actively engage in the community in a more direct way. President Tensley Garris along with several Chamber members serves on one of the Village's Industrial and Commercial Development Commission to bring a voice of the business community to the table. Our events and programs, including our annual State of the Village address, bring business, civic and community leaders together to engage in healthy dialogue. Our Leadership Northbrook program, which offers a comprehensive understanding of how the community operates, builds mutual understanding across the business segments and mentors future civic leaders.

But our efforts do not stop there. With so many in Northbrook's workforce (including many of our members) coming from outside of Northbrook, we work to develop meaningful connections to the community. Our members support students participating in the high school DECA business club, not only financially, but through mentoring. We contribute to the Civic Foundation scholarship program and support the Northfield Township Food pantry. This year over 250 individuals from more than 100 member businesses assembled 50,000 meals to feed needy families. Going a step further, many of our members become further involved, volunteering on the boards of organizations like Hunger Resource Network and the GBN Incubator program, and often give of their time at community events.

As we look to 2018, I see a bright and promising future for the Chamber. Thank you to the many members who helped contribute to our success last year. I am proud to serve as Board Chair again this year and look forward to working with you for an even bigger and better 2018!

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Northbrook Developing Master Plan for Cyclists and Pedestrians

To make biking and walking a more enjoyable experience, the Village is creating a Master Bicycle and Pedestrian Plan. Based on feedback it has already received through the Village website, from interviews at high traffic locations including the train station, the YMCA, Library and Park District, and from input gathered at a recent public meeting, a draft plan will be developed by the consulting firm Alta Planning & Design with input from Christopher Burke Engineering. A preliminary existing conditions report is expected to be released this month for public comment after which the team will work on preparing the final draft.

Common themes that have been identified so far are that high speed, high volume roads present the biggest barriers, and that trail access is important, but gaps and barriers limit connectivity. Major thoroughfares present the highest stress for bikers and walkers, including Dundee, Willow, Lake Cook, Pfingsten and Waukegan Roads. Intersections with the highest number of bike crashes include Skokie and Lake Cook, Techny and Shermer, and Dundee and Landwehr.

Other input revealed that bikers and

walkers want better and safer access to key destinations such as Northbrook Court and the Chicago Botanic Garden. Some respondents stated that walking for recreation anywhere beyond immediate neighborhoods is challenging.

"The Master Plan will give actual recommendations on how to fix the problems and empower the Village to make changes," commented Tim Gustafson, senior associate with Alta. The consultants shared their initial research and unveiled some of the possible improvements at the public meeting last month. For example, when streets are resurfaced, improvements could include improved crosswalk ramps, bike lanes, or buffered bike lanes. Bike sharing similar to the Divvy program in Chicago is also under consideration.

Next steps include surveying community organizations, businesses and schools to identify opportunities to increase walking and biking. The consultants will also look for opportunities for improved access at transit stops, schools and parks. The draft plan will be reviewed by the Public Works Committee and the Plan Commission in March followed by a formal



public meeting in April. The Village Board is expected to vote on the plan in April or May. For more information, or to submit comments visit www.northbrook.bikepedplan.com/

Park District Cont. from pg. 1

Center. Park District officials indicate that 2018 will be an in-depth planning year - working with architects and consultants and seeking further input from residents as designs unfold.

The Board announced its decision to move forward on the Activity Center based on resident and stakeholder feedback, which identified an interest in additional adult fitness and wellness programs and the lack of indoor recreational space. The community survey indicated that nearly 60% would use a fitness and exercise facility if available.

The new Center will be constructed in cooperation with the Northern Suburban Special Recreation Association (NSSRA) and will include dedicated space for the organization that serves 13 North Shore communities.

While the size of the facility is yet to be determined, the National Recreation and Parks Association's Metrics Benchmarks identifies the need for 72,000 square feet of recreational space based on communities of similar

population to Northbrook. There are no plans for an indoor pool in the Center.

Announcing the initiative, Executive Director Molly Hamer commented that each of the projects represent long-term investments that will benefit Northbrook for decades.

The Park District does not anticipate putting the proposed investments to a referendum. Instead it will issue bonds and use reserve funds to pay for the improvements. An open house to provide further details and share information on how residents can be involved is anticipated in the spring. The District anticipates the projects, which will be staggered over the next few years, will be completed in 2022.

Sportsman's Golf Course

The CIP also addresses improvements to the Park District's golf operations, including renovations to the Sportsman's clubhouse, an expanded driving range, improvements to the courses and new cart storage.

Late last year Park District

Commissioners reviewed suggestions made by consultants who completed a market study that included research on the banquet facilities at Sportsman's. The Board rejected the concept of adding any large scale banquet space to the golf operations, due to the significant number of hotels and golf clubs in the area with event space. However, the Commissioners did indicate an interest in moving the driving range and building an indoor academy as suggested in the consultant's report.

The report found a strong, stable and mature golf market in Northbrook with the potential to increase golf rounds to 60 - 65,000 rounds a year from the recent 57,500 rounds a year. Of all the facilities/amenities rated in a survey taken by the consultants, Sportsman's was ranked as one of the top priorities for investment.

For further information, or to read more about the CIP and the recommendations, visit www.nbparks.org.

Gain Visibility, Credibility With Sponsorship Investment

As members are starting a new year and budget cycle, it's an ideal time to set aside some marketing dollars towards Chamber event sponsorships. These promotional opportunities make lasting impressions with customers and other businesses, while supporting the organization. Each event attracts a different audience and provides turnkey marketing with numerous benefits. The earlier the sponsorship commitment is made, the better the ability to take advantage of all of the benefits, which generally include a listing on collateral materials, newspaper ads, event programs, website, newsletter and signage at events. Some opportunities to consider include:

Annual Meeting and Dinner

Monday, February 26, 2018

Featuring remarks by keynote speaker Allstate executive Howard Hayes and the presentation of the Business Awards, the Annual Dinner attracts over 200 corporate, civic and business leaders. For a small additional investment, attendees can purchase a sponsor table or individual sponsorship that communicates strong

support early in the year for the organization and the business community.

Annual Golf Outing & Dinner

Friday, June 8, 2018

The Chamber's popular Annual Outing attracts 170 business leaders, clients and their friends for an 18-hole "friendly" tournament at Sportsman's Country Club with a rousing post-event dinner and awards presentation. Golf Outing sponsors enjoy high visibility at the daylong event, with recognition on collateral materials and signage throughout the course. If they so desire, Golf Hole sponsors can interact with golfers at their assigned location. The Chamber takes care of all details, including signage and providing both a hole contest and a sponsor prize. Among the sponsorships to choose from:

- Beverage/Snack Station Sponsor \$600
- Golf Cart Sponsor \$375 • Hole Sponsor \$295



By means of a Hole Sponsorship, Ruben Digital Media was highly visible at the Chamber Annual Golf Outing.

Business Expo & After Hours

Monday, July 23, 2018

A great way to showcase your business is to exhibit at the annual Expo, which attracts over 400 business owners, community leaders and consumers from throughout the North Shore. To increase local exposure, the Expo is co-hosted by the DBR and Glenview Chambers, and is held in the spacious Hilton Chicago Northbrook. Exhibit space at the Expo always sells out so confirm your participation now.

Annual Auction & Taste

October 2018

The Auction & Taste is a big draw for a broad audience of over 400 attendees, who come to sample the fare from 18 of the area's finest restaurants, and enjoy an evening of fun featuring friendly bidding on 150 items. Each sponsorship includes admission to the event as well as different levels of marketing benefits in ads or other printed materials.

- VIP \$ 350 • Major \$250 • Patron \$125

Members can commit to sponsorships at any time during the year. You do not need to wait until the event is announced or promoted. As many sponsorships sell out, members are encouraged to sign up as early as possible. For further information about each of the sponsorships, call Katie Walther at (847)513-6003.

Membership Benefits for 2018 – Update!

By now all Chamber members should have received an invoice for their 2018 membership. For the sixth year in a row there is no increase in either the standard or upgraded membership. Prompt dues payment keeps your Chamber records current with no interruption of benefits.

Members in good standing enjoy all the privileges of membership, including a listing on the Chamber website (your best SEO booster), access to outstanding networking events and professional development roundtables, referral opportunities and inclusion in the annual Community Guide.

To enjoy additional benefits that help you market your business, members are encouraged to consider upgrading. Upgraded memberships include a category banner ad on the Chamber website, the ability to have a longer business description, links to key pages on your website (another SEO booster), additional key words to help your

business appear in an Internet search and a copy of the Chamber mailing list. You will also receive a highlighted listing in the Community Guide.

Upgraded members enjoy the following benefits:

Gold Membership (dues +\$275): one annual pass to all First Friday breakfasts, an additional membership category, advertising insert in the Chamber's monthly newsletter; Business category banner ad; copy of the membership mailing list; and an enhanced listing.

Platinum Membership (dues +\$550): two passes to the First Friday breakfast, two additional membership categories, two advertising inserts in the Chamber newsletter, Directory search banner ad on the website, and video link on website.

To upgrade your membership or if you have any questions, contact Membership Director Kathi Quinn at (847)513-6004.



Roger L. Adkins was recently sworn in by the **Village of Northbrook** as the new Chief of the Northbrook Police Department. Adkins served most recently as Deputy Chief of Field Operations. Adkins began his

career with the Village in 1987 as a Patrol Officer. Since then, he has held numerous positions, working his way up the ranks including Criminal Investigator and Juvenile Officer in the Investigations Division, Sergeant, Commander and Deputy Police Chief. Adkins earned a B.S. degree in criminal justice from the University of Illinois at Chicago and holds an Associate degree in law enforcement from Oakton Community College. He graduated from the FBI National Academy International Law Enforcement Leaders Development program and also from the Northwestern University Center for Public Safety. He is a member of the FBI National Academy Association, the International Association of Chiefs of Police, and the Illinois Tactical Officers Association.

The **Northbrook Public Library** offers a series of classes to help small business owners this month: Introduction to Quickbooks on Monday, Jan. 8, 7:00 - 8:00 p.m.; Hiring Tips on Tuesday, Jan. 23, 10:00 - 11:30 a.m. and Stop Hackers Before They Stop You on Thursday, Jan. 25, 7:00 - 8:00 p.m. Visit www.northbrook.info/events to register.

The **Northbrook Park District** presents its annual Winter Carnival on Saturday, January 13 from 11:00 a.m. to 1:30 p.m. at Meadowhill Park. This free community event includes horse-drawn trolley rides, sled dogs, ice sculpting, family games, snowshoeing, holiday bingo, golf games, bonfire and s'mores, winter demonstrations, and ice skating. Visit nbparks.org or call (847) 291-2995 for information.

SCORE offers "Growing Your Business in the Digital Age" on Tuesday, Feb. 20 at Loews Chicago Hotel, 8:00 a.m. - 2:00 p.m.

The program will feature a notable keynote speaker and numerous experts who discuss using social media and digital data to grow your business. Register at www.scorebusinessforum.org. Cost is \$89 prior to January 20.

Congratulations to **AmpliVox Sound Systems** CEO Don Roth who was recently recognized with the 2017 Business Ethics Award, presented by the **Rotary Club of Northbrook**. Roth was commended for his company's generous donation of products to a wide range of local community organizations and charities. The award was announced at the recent annual Rotary fundraiser.

The Northbrook and Glenview Fire Departments will battle it out to be the champion of the **Youth Services of Glenview Northbrook Chili Cook-off** on Saturday, Jan. 27 at Chicago Harley-Davidson in Glenview. There will also be an intensive trivia contest for teams of 6 -8. For more information or tickets visit www.ysgn.org or call (847)724-2620.

Orangetheory Fitness will hold a special personal training class to benefit Heartland Animal Shelter on Saturday, Jan. 13, 1:00 - 2:30 p.m. Minimum \$20 donation to participate; all proceeds go to support Heartland. The class is open to both members and non-members and is for all fitness levels. To RSVP contact Stephanie at stephanie@heartlandanimalshelter.org.

Zengeler Cleaners recently collected over 5,280 coats, jackets, gloves and other winter apparel valued at over \$512,000 as part of its "Coats for Vets" drive. Zengeler's cleaned and repaired all of the items and delivered them to the North Chicago VA Hospital on Veterans Day, November 11.

The **Cove School** is looking for members who might be interested in being guest presenters at their Career Day morning sessions on Thursday, March 22. Some past presenters have included: photographer, pre-school assistant, vet tech, dental



Bob Caldwell, Olga Grendus, Dave Gallagher, Suzanne Yang, Jim King, and Holly Ebner (l to r) enjoyed the Divine Word Missionaries Gift Shop After Hours

hygienist, shipping/logistic, animator, mechanic, travel agent, welder, sound technician, and HVAC installer. E-mail Marla Altshul at maltshul@coveschool.org for more information.

Northbrook Rotary is now accepting applications for vocational scholarships. Northbrook residents of any age looking to pursue a vocational education are encouraged to apply. The scholarship will be awarded to individuals preparing or advancing their careers with an Associate Degree, Diploma, or Certificate in their respective trade. Four-Year Degree programs will not be eligible. Several \$1500 scholarships will be awarded in May. Email courtneyrotary@gmail.com for an application and more information.

Congratulations to Dr. Liz T. Meyer, **Audiology Associates**, for her election as president of the Illinois Academy of Audiology (ILAA), an advocacy organization that promotes education, training and legislative initiatives that support the work of the state's audiologists.

Monthly Networking Events

First Friday Networking Breakfast

Friday, January 5

7:00 - 9:00 a.m.

Chamber Office

\$12 members, \$20 guests payable at the door

Get the New Year off to a productive start and join over 100 members and guests for proven networking opportunities at the First Friday Networking breakfast. The structured breakfast includes time for informal networking, brief introductions and roundtable discussions that will give you solid business leads. *Guests MUST register 24 hours in advance. Guest registration will not be taken at the door.*

SOHO (Small Office/Home Office) Roundtable

Wednesday, January 10

11:45 a.m. - 1:15 p.m.

Chamber Office

Members are invited to bring their lunch.

At this informal roundtable discussion, small business owners and entrepreneurs help each other problem solve and discuss relevant business concerns. Discussion is driven by participants, and often centers around best business practices, the latest trends, marketing tips and technology.

Business After Hours

Thursday, January 18

5:00 p.m.- 7:00 p.m.

Morton's The Steakhouse

699 Skokie Blvd.

Complimentary for members. \$20 for guests

Enjoy sampling Morton's classic appetizers and cocktails -- steak sandwiches, ahi tuna crisps, crab spinach & artichoke dip in phyllo - and learning more about this iconic Northbrook steakhouse. Bring plenty of business cards for networking.

SPECIAL - Women in Business Luncheon

Tuesday, January 23

11:30 a.m. - 1:30 p.m.

Illinois Holocaust Museum & Education Center

9603 Woods Dr., Skokie

Members \$30, Guests \$40 (Reservations required by Jan. 17)

Women of the Northbrook and Glenview Chambers are invited to a special lunchtime tour of the Illinois Holocaust Museum in Skokie. Museum Education Director Kelley Szany will welcome participants and give an overview of the exhibits. The group will then enter the new Take A Stand Center's Holographic Theater for the highly acclaimed Interactive 3D Survivor Stories Experience. Here, a life-like holographic image of a Survivor will share their story and answer questions from the audience. Boxed lunches will be served. Guests are invited to continue their visit following the formal program.

Multi-Chamber Networking Luncheon

Thursday, January 11

11:30 a.m. - 1:30 p.m.

White Eagle Events & Convention Center

6839 N. Milwaukee Ave., Niles

\$30 for members (Advance registrations required by January 3.)

\$40 for guests and members at the door

Assyrian American, Buffalo Grove Lincolnshire, DBR, Des Plaines, Evanston, Glencoe, Glenview, Highland Park, Lincolnwood, Niles, Northbrook, Park Ridge, Skokie, Wheeling/Prospect Heights, Wilmette/Kenilworth and Winnetka/Northfield Chambers of Commerce

Multiply your networking potential by 15 at this structured networking lunch. Following informal networking over a buffet lunch, attendees will be divided into small groups with an opportunity to give a two-minute presentation on their business. Table assignments will shift three times. All participants will receive a contact list of pre-registered participants. To sign up, return the enclosed flyer, or call the Chamber at (847)498-5555. Walk-ins strongly discouraged and may not be accommodated.

**SAVE THE DATE Annual Meeting & Dinner
Monday, February 26**

Featuring Howard Hayes, Allstate Senior Vice President, Product/Service Innovation and Development

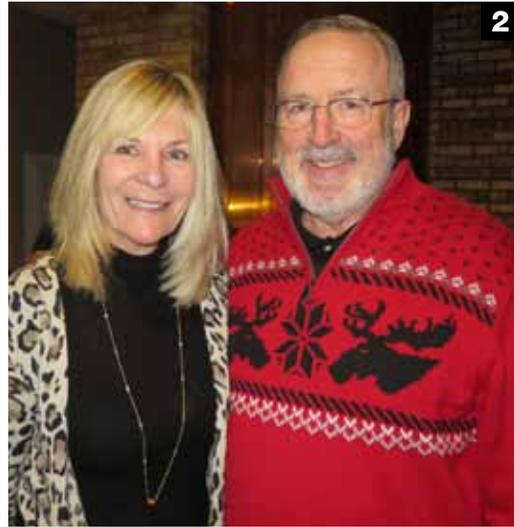


This year's Annual Meeting and Dinner will feature the presentation of the Chamber's Business Awards and a keynote address by Allstate senior executive Howard Hayes, who is responsible for company-wide innovation. Hayes' team creates, evaluates and develops innovative new products and services for Allstate customers, and works closely with Allstate business units to coordinate and support their innovation efforts. He will speak about the challenges of creating new businesses, and paths "intrapreneurs" and entrepreneurs can take to reduce risk and gain speed-to-market. He will give examples from his own extensive background in developing new businesses, including his own start-up in the automobile collision repair industry, and NAVTEQ, a pioneer in digital mapping. Further information will be available in the February newsletter.

LLC Fees Cont. from pg. 1

Late last year, the Illinois Senate unanimously approved legislation to lower the fees to \$150 and \$75 respectively. The House previously approved lowering the fees as well. Lawmakers commented that lowering LLC fees will help level the playing field for small businesses, encourage the formation of new businesses and improve the perception of the business climate for entrepreneurs in Illinois. Gov. Rauner has indicated his support for signing the legislation into law. Once the bill is signed, it is expected to go into effect in 60 days.

Chamber members enjoyed networking and making new connections at the recent Business After Hours hosted by Divine Word Missionaries and Mission Hills Country Club.



1. Laurie Berz, First Choice Coffee with Jim King, Northbrook Bank and Trust 2. Elizabeth Fritz, 22nd Century Media with Dick Hochschild, American Weathermakers 3. Irene Gristonis-Herr, Five Star Painting with Jessie Keene, Renaissance Chicago North Shore Hotel 4. Tim Lohse, PuroClean and Caryn Shulman, Chicago's North Shore Convention and Visitors Bureau 5. President Tensley Garris, with Richard Mack and Suzanne Gherardini, Mission Hills 6. Matt Settler, Richter Insurance and Civic Foundation 7. Michael Latone, 1-800MD, Arno Filerman, Benefit Marketing Service, Jim Ardito, Ardito Creative Enterprises and Miguel Hurdato, Divine Word Missionaries 8. Board member Kris Ruben, Ruben and Goldberg, Board Chair Glenn Weintraub, AA Service and Todd Lazar, Keyth Security Technology Solutions

CALENDAR OF EVENTS

JANUARY 2018

Mon	Tue	Wed	Thu	Fri
1 Chamber Office Closed in observance of New Year's Day	2	3	4	5 First Friday Networking Breakfast 7:00 a.m. - 9:00 a.m. Chamber Office
8	9	10 Small Office/Home Office Roundtable 11:45 a.m. - 1:15 p.m. Chamber Office	11 Chamber Board Mtg 7:30 a.m. - 9:00 a.m. Chamber Office Multi-Chamber Lunch 11:30 a.m. - 1:30 p.m. White Eagle Center	12 Leadership Northbrook Glenbrook North High School 8:15 a.m. - Noon
15	16	17	18 Business After Hours Morton's The Steakhouse 5:00 p.m. - 7:00 p.m.	19
22	23 Women in Business Luncheon 11:30 a.m. - 1:30 p.m. IL Holocaust Museum & Education Center	24	25	26
29 State of the Village Address Renaissance Chicago North Shore Hotel 11:45 a.m. - 1:30 p.m.	30	31	1	2 First Friday Networking Breakfast 7:00 a.m. - 9:00 a.m. Chamber Office



WINTER FITNESS HOT DEALS

EcoGym

Two weeks of complimentary personal training sessions
Valid: Through Jan. 31

GymGuys

Three free in-home personal training sessions for new clients
Valid: Through Jan. 31

LA Fitness

Chamber Members: \$25 initiation and \$29.99 month-to-month membership
Valid: Through Jan. 31

Bernard Weinger JCC

Free Fitbit with purchase of new six-month fitness club membership
Valid while supplies last

North Suburban YMCA

Get Fit with Friends: 10% off small-group training
Valid: Through Jan. 31

Progressive Sports Performance

10% off your first training package
Valid: Through Jan. 31

Solid Bodies by Bungi

40% off Butt Bungi exercise belt
Valid: Through Jan. 31

Team Sapiens Physical Therapy

Free Movement and Mobility Classes
Valid: Through February 28

Restrictions may apply. For more details & special offers go to northbrookchamber.org